

Owner and founder Reverend Danielle Dufour is originally from small town New Brunswick, moving from the Maritimes to Calgary, Alberta when she was 22 years old. She is an Ordained Metaphysical Minister ([What is Metaphysics?](#)) with the [International Metaphysical Ministry](#), holding a Bachelor of Metaphysical Science, and Masters in progress, from the University of Sedona. She also holds a Diploma in Social work from [Mount Royal University](#) and Business Administration from St. Andrews College. She is an Intermediate Tandem and Solo Lake Water Canoe Instructor with [Paddle Canada](#), a Hot Yoga Instructor approved through the Canadian Yoga Alliance, and a [Quantum Touch Practitioner](#).



She has many years experience working with young and adult individuals involved or at risk of becoming involved with the criminal justice system, low income families, the homeless, and those with learning differences. Her rewarding work as a Residential youth worker with Enviro Wilderness School, an Experiential Activities Programmer for the Boys and Girls Club of Calgary, and over six years as a Probation Officer for the Alberta Ministry of Justice have all contributed greatly to the base work and her drive to develop Life Force. However; it has been working with Universal and Quantum Energy, Spirituality, and Metaphysics that has seemingly pulled everything together!

Danielle was awarded The Calgary Police Chief's Award of Excellence in 2011 for her actions in the line of duty as a Probation Officer.



She fell in love with white water rafting and white water canoeing at 23 years old, and as a result became a seasonal part time raft guide moving water canoe instructor over a combined 14 years, to which she will attest forever changed her life for the better!



Danielle has over a decade of combined experience working in high performance sport, event execution, and outdoor education and recreation. She was the female hockey coordinator for Hockey Canada for over five years, and the team services coordinator for the first Women's Olympic Hockey Team during Olympic centralization in 1998.



Danielle also practiced Real Estate on a part time basis for over six years, when working full time as a Probation Officer for the Alberta Ministry of Justice in Calgary, Alberta. She relocated to the beautiful sunny North Shuswap Lake, in British Columbia in 2013, and has been growing Life Force ever since.



Danielle can also be found teaching Yoga at [Gratitude Hot Yoga](#) in Salmon Arm, [No Limits Fitness - NLF Hot Yoga](#) in Kamloops, and [Breathe Yoga](#) in Sorrento.



Danielle loves to learn and experience with an open heart. She has been diving deep into her spiritual journey since her early 20's. What began as having an open mind, led to experiencing so many truly magical affirming moments in her life, that after experiencing, nothing can be denied. Our society has suppressed and oppressed us far too long. There is no such thing as coincidence, and the more you can connect in every day moments, the more you will begin to notice. Danielle presently offers Life Path Readings, Ceremonial Officiating, Universal Energy Teachings, Spiritual Advising, and Workshops.



***“Become loyal to your inner most truth***

***Follow the way when all others abandon it***

***Walk the path of your own heart” OM***

***Rev. Danielle Dufour***

