

Traditionally, the word **Metaphysics** comes to us from Ancient Greece, where it was a combination of two words – Meta, meaning over and beyond – and physics. Thus, the combination means over and beyond physics. In the definition found in most dictionaries, Metaphysics is referred to as a branch of Philosophy that deals with First Cause and the Nature of Being. It is taught as a branch of Philosophy in most academic universities under the label of “Speculative Philosophy.”



In today’s world, however, the word Metaphysics has become a description of many fields of interest. When one expresses an interest in Metaphysics, that interest may be in any one or a combination of the following subjects:

Philosophy, Religion, Parapsychology, Mysticism, Yoga, ESP, Dreams, Jungian Psychology, Astrology, Meditation, Self-Help Studies, Positive Thinking, Life After Death, Reincarnation, etc.

The common denominator of these and all similar subjects, of course, deals with an exploration of Reality, and in the idealistic sense, how such knowledge may benefit human life on this earth, both individually and collectively. If, then, this is the aim of such interests, it is why most professional Metaphysical Practitioners regard Metaphysics as a Spiritual Philosophy of life. All but a very few practitioners in Metaphysics today have a pivotal point of some sort of Spiritual Philosophy in whatever system or teaching of Metaphysics they are engaged. It is important to understand this, especially when reviewing the legal technicalities of being a professional Metaphysician.

If we were to travel from one Metaphysical teacher or organization to another, we would find people engaging in different things, all under the label of Metaphysics. This could be a wide range, such as yogis, mystics, astrologers, positive thinking teachers, meditation teachers, graphoanalysts, spiritual healers, self-help teachers, etc. The range is wide, but again the basic denominator is the search for truth, purpose and meaning in life, which cannot be isolated from basic spiritual questions. All of these fields, therefore, are regarded as part of Metaphysics by the University of Metaphysics and the International Metaphysical Ministry.

There are many paths humans may travel on the way to finding Truth. There is an old proverb which states, “No matter what path a human may travel, it is My Path; no matter where he walks, it leads to Me.”

In a more absolute sense, we like to think of Metaphysics as dealing with the basic questions of life, i.e., the relationship of man, mind, and the universe, which leads to answers to the age-old questions of anyone who has truly paused to reflect on life by asking the most fundamental questions of all – “who am I; what am I; where have I been, and where am I going?”

– As defined by the Founder, International Metaphysical Ministry, Dr. Paul Leon Masters